



**16th June 2019**  
FIRST SUNDAY AFTER PENTECOST  
(TRINITY)  
What is truth?

**SHARE**

Share your highs and lows of the day, or respond to the following questions:

**1**

What is a guide?  
When have you needed a guide?

**2**

Jesus told his disciples that the Holy Spirit would guide them (John 16:13). How does the Holy Spirit guide people?

**3**

In what ways do you need God's truth to guide you?



**Devotions**

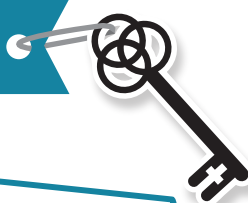


**READ** Daily Bible Readings

S	John 16:12-15	The Spirit will guide you into truth
M	Isaiah 45:18-22	The Lord speaks the truth
T	John 4:7-24	Spirit and truth
W	John 15:26-27, 16:5-11	The Spirit will tell about Jesus
T	John 8:31-36	The truth will set you free
F	Romans 5: 1-5	Faith brings joy
S	Psalm 8	Your majestic name
S	Luke 8:26-39	Jesus casts out demons

**TALK** Talk about the Bible verse. What word or phrase was important to you as you read these verses?

**Rituals and Traditions**



**PRAY**

Great God - Father, Son and Holy Spirit: You are wonderful and mighty. Thank you for caring for us. Amen.

**BLESS**

May God the Father give you peace. May Jesus the Son bless you with his kindness. May the Holy Spirit fill your heart with love.

**Trinity**

Trinity Sunday is a day where we stand in awe of the mystery of our three-in-one God (God the Father, Jesus the Son, and the Holy Spirit). The colour of the day is **WHITE** to represent the expression of joy in the mystery of the Triune God.

**Creative Response**

There are various symbols used by Christians for the Trinity.

Work together as a household to identify as many of these symbols as you can – look on the internet, take notice of the symbols used in your church, borrow a book from the library etc.

Make it a household project to be on the lookout for wherever these symbols appear during the course of the week (e.g. spot as many triangles as you can).

You could also display some of these symbols in your home, or find ways to integrate them into your daily life (e.g. if you own a musical triangle you could use it as a gathering signal for meals or household devotions).

**mealtime prayer**

Praise God, from whom all blessings flow; praise him, all creatures here below; praise him above, you heavenly hosts; praise Father, Son and Holy Ghost. Amen.

verse for the week  
"But when he, the Spirit of truth, comes, he will guide you into all the truth. He will not speak on his own; he will speak only what he hears, and he will tell you what is yet to come."

JOHN 16:13

**Service**



Romans 5: 3-4 speaks of the sufferings experienced by Christians.

Whom do you know in your congregation or community that is experiencing suffering at this time – e.g. health issues, grieving, having financial problems? Plan an act of household service to encourage them. Include them in your prayers.