



10 May 2018
ASCENSION OF
THE LORD

Jesus promises his followers
power from on high.

verse for the week
"And see, I am sending
upon you what my
Father promised; so
stay here in the city
until you have been
clothed with power
from on high."

LUKE 24:49

Caring Conversations



SHARE

Share your highs and lows of the day, or respond to the following questions:

1

What is it like to wait for something you want to happen now?

2

Read Acts 1:6. What do you think the followers of the resurrected Jesus wanted him to do?

3

The disciples had their hopes for what God would do through the resurrected Jesus. What would you like to see God do today?



Devotions



READ Ascension Day Bible Readings

Luke 24:44-53	The ascension of Jesus
Acts 1:1-11	Jesus is ascended
Psalms 47	God rules the nations
Ephesians 1:15-23	Paul's prayer for the church



TALK

Talk about the Bible verse. What word or phrase was important to you as you read these verses?

Rituals and Traditions



PRAY

Almighty God,
we give thanks
for the gift of the
Holy Spirit so
that we may be
your witnesses
to the power of
the resurrection.
Amen.



BLESS

May the
ascended Lord
Jesus give you
power from on
high. May he
bless you and fill
you with joy.

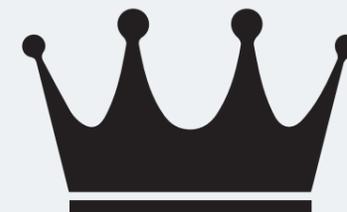


Creative Response

Psalms 47:5-7 reads, "God has gone up with a shout, the Lord amid the sound of trumpets. Sing praises to God, sing praises; sing praises to our King, sing praises. For God is the King of all the earth; sing praises with a psalm."

This Ascension Day psalm declares God as "king of all the earth."

On Ascension Day go out for a walk—with others if possible—and observe all that is around you, knowing that Christ is king of all the earth. Begin and end your walk by saying aloud Psalms 47:5-7.



mealtime prayer

Lord Jesus, ascended above, thank you for your gifts of love. For food and home and all our days, we offer up our prayers of praise. Amen.

Service



The word 'uplift' means 'to raise'. We sometimes talk about being 'uplifted' emotionally by experiences we have in life. For instance, the encouragement of others is uplifting for us. Share about people who have 'uplifted' you or brought you joy. In remembrance of Jesus' ascension, make and decorate cloud shaped cards to send to these people. Say a prayer of thanks for the ways they have helped or encouraged you. Talk together also about people who may need your help or encouragement at the moment, and discuss ways in which you can serve them.