Growing FAITH at home

3rd March 2019

TRANSFIGURATION SUNDAY

Listen to Jesus

Caring Conversations

SHARE

Share your highs and lows of the day, or respond to the following questions:

1

What is the difference between hearing and listening? Why is it important to listen to others?

2

God the Father tells us to listen to his Son, Jesus (read Luke 9:34-35). What does it mean to listen to Jesus?

Devotions

READ Daily Bible Readings

S	Luke 9:28-43	Jesus is transfigured
M	Exodus 34:29-35	The radiant face of Moses
T	2 Corinthians 3:12 – 4:2	The new covenant
W	Matthew 6:1-6,16-21	Giving, praying and fasting
T	Zechariah 7:4-10	Justice, mercy and compassion
F	Joel 2:1-2,12-18	A call to repentance
S	Psalm 99	The Lord reigns
S	Luke 4:1-13	The temptation of Jesus

TALK

Talk about the Bible verse. What word or phrase was important to you as you read these verses?

Rituals and Traditions

PRAY

Lord God, reveal the glory of your Son to me. Give me ears to listen to him and eyes that look to him alone. Amen.

BLESS

May God's Spirit make you more and more like Christ.

Transfiguration Sunday

WHITE is used in all festivals of our Lord, this represents the purity, majesty and splendour of God.

Creative Response

This coming Wednesday (March 6th) is Ash Wednesday, the first day of Lent. The association of the day with ashes goes back to the 6th century. For centuries, Christians have received ashes on the head as a reminder of mortality and a sign of sorrow for sin.

To mark the beginning of Lent, set aside a period of time this week to "unplug" from technology and luxuries. Choose not to watch TV, or to use computers and other electronic devices for leisure purposes. Eat simple foods and drink only water. Have a time of silence in your household during which you reflect on the gifts of God and your relationship with him.

If you are unable to attend a worship service on Wednesday, have a brief time of observance in your home. Prepare in advance a small bowl of ashes to use.

Bible readings: Genesis 3:19 and Mark 1:15

Prayer: Heavenly Father, as we enter the season of Lent today, we confess our need for a Saviour. Prepare our hearts and minds throughout this season so that we may grow in serving others, showing thanks for how your Son has loved and served us. Amen.

Leader: Let us mark one another with ashes as a sign of sorrow for our sin, and our trust in Jesus to save us.

Household members take turns in making the sign of the cross with ashes on one another's foreheads, saying these words: ***"Dust you are, and to dust you shall return. Repent and look to Jesus your Saviour."***

Bible Reading: Psalm 103:13-14, 17

mealtime prayer

Lord God, please join us at this meal we pray, bless our food and work today. Make us reflections of your light, filled with what is good and right. Amen.

verse for the week

A voice came from the cloud. It said, "This is my son, and I have chosen him. Listen to him."

LUKE 9:35

Service

The day before Ash Wednesday is called Shrove Tuesday.

The name 'shrove' comes from the practice of being 'shriven' – going to church to confess your sins and receive absolution – before the start of Lent. Shrove Tuesday is also sometimes called Pancake Tuesday or Fat Tuesday, because households used up their remaining eggs and fats before Lent by making pancakes.

Observe Shrove Tuesday with a pancake breakfast or dinner. Perhaps invite another family to join you and as you eat, talk about what Jesus gave up for our sake and what you might wish to give up for Lent in spiritual preparation for Holy Week.

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