



4th September 2022
THIRTEENTH SUNDAY AFTER
PENTECOST – PROPER 18
Choose life

Sundays after Pentecost

GREEN is a sign of life and nature and as such
represents growth, life and hope.

verse for the week
Now choose life, so
that you and your
children may live
and that you may
love the LORD your
God, listen to his
voice, and hold fast
to him.

DEUTERONOMY 30: 19B-20A

Caring Conversations



SHARE

Share your highs
and lows of the
day, or respond
to the following
questions:

1

What is the best
thing about being
a follower of
Jesus?

2

What is the most
difficult thing?

3

Jesus said that
we must "give
up everything" to
be his disciples.
How do you
understand his
words? What has
Jesus given up
for you?



Devotions



READ Daily Bible Readings

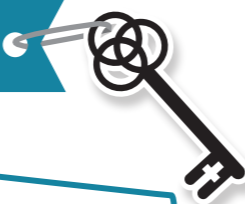
S	Luke 14:25-33	The cost of being a disciple
M	Matthew 10:34-42	The cost of discipleship
T	Matthew 16:21-26	Taking up our cross
W	Deut 30: 15-20	Choose life
T	Philemon 1: 1-21	Paul's plea for Onesimus
F	1 Peter 4:12-19	Suffering as Christians
S	Psalms 101	Choosing God's law
S	Luke 15:1-10	The lost sheep and the lost coin



TALK

Talk about the Bible verse. What
word or phrase was important to
you as you read these verses?

Rituals and Traditions



PRAY

Lord Jesus,
teach us to put
you ahead of
everything else.
Please give us
the real life that
only you can
give. Amen.



BLESS

Grace and peace
to you from God
our Father and
the Lord Jesus
Christ.

Creative Response

Jesus said : *Anyone who does not carry their
cross and follow me cannot be my disciple.*
(Luke 14:27)

This means that we sometimes have to do
things that we don't want to do or that are
hard. Think of one 'hard thing' you could
attempt this week as a follower of Jesus.
For example: be friendly to someone who
has no friends, make peace with someone
you may not get along with very well, work
on a bad habit.

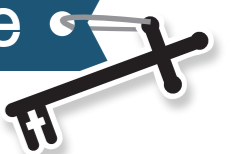
Make a small cross out of wire (or some
other type of material) and carry it in your
pocket as a reminder of Jesus' words.



mealtime prayer

For the food we share, for loved ones who care,
and for days so fair - we thank you, God.
Amen.

Service



St Paul gave his love,
care and support to
a young man called
Onesimus whom he met
in prison.

Who in your community
is experiencing hard
times due to illness, loss
of work or separation
from family? Choose
people who will be for
you the 'ONES I MUST
serve' this week. Make
them a meal, do an act
of service for them (e.g.
mow the lawn, clean
their home) or offer
friendship to them.