

19 February 2023

TRANSFIGURATION

# JESUS IS THE SON OF GOD





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Share your highs and lows, or respond to the following:

- 1. Are you a good listener?
- 2. What is involved in listening carefully to others?



#### **BIBLE READINGS**

Read the following Bible readings throughout this week.

Talk about what words or phrases stand out for you.

1st reading

2nd reading

Exodus 24:12-18
Ten Commandments

2 Peter 1:16-21

Eyewitnesses of his majesty

Gospel reading

# **Matthew 17:1-9**

Jesus shines on a mountain

#### DISCUSS

When Jesus went to heaven, a voice said, 'Listen to him'. How do you hear Jesus?



## **ACTION RESPONSE**

Consider giving up a household treat food or activity for Lent. Each week put aside the amount of money saved in doing so. At the end of Lent, donate the money to a charitable cause.



Father in heaven, thank you for the gift of your beloved Son. Please open our ears to listen to him and our hearts to obey him. Amen.



### MEALTIME PRAYER

God our provider, you are full of love and full of might. May we shine for you, with faith so bright. Amen.



#### BLESSING

May the Lord Jesus bring you peace as you look to him, now and always.

FROM THE CLOUD A VOICE SAID, "THIS IS MY OWN DEAR SON, AND I AM PLEASED WITH HIM. LISTEN TO WHAT HE SAYS!"

MATTHEW 17:5

