

12 March 2023

THIRD SUNDAY IN LENT

JESUS IS THE LIVING WATER





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Share your highs and lows, or respond to the following:

- 1. What do you use water for?
- 2. What is a question you would like to ask Jesus?



BIBLE READINGS

Read the following Bible readings throughout this week. Talk about what words or phrases stand out for you.

1st reading

2nd reading

Exodus 17:1-7 Water from

the rock

Romans 5:1-11 Peace and hope

Gospel reading

John 4:5-42

Jesus and the woman at the well

DISCUSS

Jesus says that those who drink the water he gives to them will never be thirsty again (John 4:13-14). What do you think he means?



ACTION RESPONSE

Resolve to drink only water in your home this week. Write up or type Jesus' words 'Come to me and drink' (John 7:37) and attach to your water jugs or water bottles. Donate any money you save by not using purchased beverages (soft drinks, juices etc) to a charity of your choice.



Pour your love into our hearts. God, and let it overflow to others. Amen.



MEALTIME PRAYER

Thank you for feeding our bodies and souls for eternal life with you. Amen.



BLESSING

May Jesus pour his love into your heart.

NO ONE WHO DRINKS THE WATER I GIVE WILL EVER BE THIRSTY AGAIN. THE WATER I GIVE IS LIKE A FLOWING FOUNTAIN THAT GIVES ETERNAL LIFE.

JOHN 4:14

