



# Growing FAITH at home

ASCENSION OF THE LORD

YEAR B

Jesus promises his followers power from on high.



Grow Ministries  
LCA CHILD YOUTH & FAMILY MINISTRY



www.growministries.org.au



## CONVERSATIONS

Share your highs and lows, or respond to the following:

1. What is it like to wait for something you want to happen now?
2. Read Acts 1:6. What do you think the followers of the resurrected Jesus wanted him to do?
3. The disciples had their hopes for what God would do through the resurrected Jesus. What would you like to see God do today?



## BIBLE READINGS

Read the following Bible readings throughout this week. Talk about what words or phrases stand out for you.

<b>S</b>	<b>Luke 24:44-53</b>	The ascension of Jesus
<b>M</b>	<b>Acts 1:1-11</b>	Jesus is ascended
<b>T</b>	<b>Psalm 47</b>	God rules the nations
<b>W</b>	<b>Ephesians 1:15-23</b>	Paul's prayer for the church
<b>T</b>	<b>John 17:20-26</b>	Jesus prays for all believers
<b>F</b>	<b>Ephesians 4:1-5</b>	Keep the unity of the Spirit
<b>S</b>	<b>Psalm 1</b>	The way to happiness

## VERSE OF THE WEEK

"And see, I am sending you what my Father promised; so stay here in the city until you have been clothed with power from on high."

LUKE 24:49



## CREATIVE RESPONSE

Psalm 47:5-7 reads, "God has gone up with a shout, the Lord amid the sound of trumpets. Sing praises to God, sing praises; sing praises to our King, sing praises. For God is the king of all the earth; sing praises with a psalm."

This Ascension Day psalm declares God as "king of all the earth."

On Ascension Day go out for a walk—with others if possible—and observe all that is around you, knowing that Christ is king of all the earth.

Begin and end your walk by saying aloud Psalm 47:5-7.



## ACTION RESPONSE

The word 'uplift' means 'to raise'. We sometimes talk about being 'uplifted' emotionally by experiences we have in life. For instance, the encouragement of others is uplifting for us. Share about people who have 'uplifted' you or brought you joy. In remembrance of Jesus' ascension, make and decorate cloud shaped cards to send to these people. Say a prayer of thanks for the ways they have helped or encouraged you. Talk together also about people who may need your help or encouragement at the moment, and discuss ways in which you can serve them.



## MEALTIME PRAYER

Lord Jesus, ascended above, thank you for your gifts of love. For food and home and all our days, we offer up our prayers of praise. Amen.



## PRAYER

Almighty God, we give thanks for the gift of the Holy Spirit so that we may be your witnesses to the power of the resurrection. Amen.



## BLESSING

May the ascended Lord Jesus give you power from on high. May he bless you and fill you with joy.