



Growing FAITH at home

PROPER 8

YEAR B

Jesus has power to help in time of trouble.



Grow Ministries
LCA CHILD YOUTH & FAMILY MINISTRY



www.growministries.org.au

Sunday between
June 26 and July 2
(if after Trinity Sunday)



CONVERSATIONS

Share your highs and lows, or respond to the following:

1. How has Jesus helped you when you have felt worried, sad or afraid?
2. Have you ever felt "stuck"? Have you ever thought "I don't know how I'm going to do this, or get through this"? Share about those times.
3. A life of faith does not always experience happy, joyous times. How does your faith keep you going when things aren't going well?



BIBLE READINGS

Read the following Bible readings throughout this week.
Talk about what words or phrases stand out for you.

S	Mark 5:21-43	Jesus heals and raises to life
M	Lamentations 3:22-33	There is still hope
T	2 Corinthians 8:7-15	Generous giving
W	Galatians 5:1-15	Christ gives freedom
T	John 16:16-24	Sorrow will turn to joy
F	Jeremiah 31:10-14	The Lord offers hope
S	Psalms 30	God turns mourning into dancing

VERSE OF THE WEEK

"Don't be afraid; just believe."

MARK 5:36



CREATIVE RESPONSE

Touch is a very important God-given way of expressing love and care for others.

In fact, science has shown that as humans we need the touch of others to stay healthy in body, mind and spirit.

In your household prayer times this week, hold hands as you pray.

Talk together about how you might use other forms of healthy and positive touch in your home e.g. hugs, "high fives", or blessings.



ACTION RESPONSE

The woman who touched Jesus' cloak and was healed was an "outsider" amongst her own people: her illness meant that others saw her as "unclean" and avoided her.

Discuss together:

"Who are the 'outsiders' in our society and in our community, that is, the people that are often looked down upon or left out?"

Are there any people in our church who might feel this way sometimes?"

Decide on one act of kindness that you, as a household, can do for someone who may be feeling left out in some way.



MEALTIME PRAYER

With this food you make us strong.
To you our life and love belong.
Thanks be to you,
O God! Amen.



PRAYER

Lord God, thank you that your mercy is new every day. Your endless love is amazing. Amen



BLESSING

May the Lord Jesus give you faith when you are afraid and peace when you are suffering.